

I. Assured Life

II. Transformed Life

A. The Faith Rest Life

B. God's Rest

1. Faith means to _____ in or _____ on an object. (Heb. 11:1)
 - a. What determines the strength of your faith?

2. Faith is necessary to _____ God and to enjoy the _____ of God. (Heb. 11:6; Gal. 5:22)

3. "Rest," is the _____ of work or labor, freedom from worry or anxiety. (Heb. 4:1)

4. "Faith Rest" then, is the cessation of work or labor and freedom from worry or anxiety due to _____ in the right object, God.

5. The example of the Israelites _____ faith resting at Kadesh Barnea.
 - a. The context of this account is the arrival of the Israelites just outside their _____ land after they were delivered from bondage in Egypt.

 - b. Since they left Egypt, God has faithfully _____ for their needs along the way. (Ex. 12:31-36; Ex. 14; 15:22-27; 16:4, 13; 17:6, 8-13)

 - c. Now, they faced a trial, would Israel _____ in God or self?

 - d. Israel sent _____ spies into the promised land to find out what the land that God was giving them was like. (Num. 13:1-2, 17-20)
 - 1) What kind of a mission would this be?

 - 2) Was this a command from the Lord or a part of God's permissive will? (Deu. 1:19-25)

 - e. When the spies returned, they all brought a _____ report concerning the fruitfulness of the land. (Num. 13:26-27)

 - f. However, _____ of the spies believed there was no way they could defeat the inhabitants with their own resources, while _____ spies believed God had promised them a victory. (Num. 13:28-33)

1) Was this a logical decision based upon human viewpoint and circumstances?

2) What was their problem? (Deu. 1:29-32)

3) What was the result of their sin? (Num. 14:1-10)

g. The penalty for their sin was harsh! They _____, their "rest," but their young ones who didn't chose to sin would enter 40 years later, except for Joshua and Caleb. (Num. 14:28-35)

6. How does this example relate to believers?

a. BEWARE that you do not have an evil heart of _____ like the Israelites had at Kadesh Barnea. (Heb. 3:12)

1) How can we prevent this from happening? (Rom. 10:17; Heb. 3:13)

2) What is the danger? (Heb. 3:13)

a) How is sin deceitful?

b. We need to be careful that we do not fail to enter the _____ of God through unbelief. (Heb. 4:1)

1) What is God's rest? It begins with resting in Christ's _____ work, then it continues as we _____ in our Christian life by resting in our position in Christ and dependence on the HS. (Rom 6; Gal 5:22; Eph. 5:18)

c. We need to be _____ to enter His rest. (Heb. 4:11)

1) Diligent (Eph. 4:3; 2 Tim. 2:15; 2 Pet. 3:14)-

7. We must _____ to walk by faith in Christ moment by moment so that we may enter into a life of His rest.